



## NOTICE OF RACE -COMPETITION RULES

**EVENT:** LIGNANO SUP MARATHON 2020, open to everyone

**ORGANIZER:** TILIAVENTUM ASD with the support of the city of Lignano Sabbiadoro (UD)

**WHEN:** MAY 10<sup>th</sup>, 2020

**WHERE:** Lignano Sabbiadoro (UD) – ITALY

### HOW TO PARTICIPATE:

Stand Up Paddle Board – for a single racer or a team racers (in the last case, you will use the same SUP board, and exchange between team members at your discretion will be possible in the points 1-2-3-4-5-6 indicated on the map) - human-powered employing a paddle/oar; MegaSup

Different paddle vessels/dinghy/boat (kayak, canoe or other similar human-powered vessels employing a paddle/oar) – single participant or a team racers using the same means;

**INFO-START-FINISH POINT:** Lignano Sabbiadoro UD c/o Ufficio Spiaggia n°7 Bar Aurora - Wind Village

**ROUTE:** START from “Ufficio 7” Sabbiadoro Aurora Bar: you will find the buoy in front of the sandy shore, which you should leave on your left → circumnavigating the coast counter-clockwise, crossing the lagoon, the canal, the Tagliamento river, following the shoreline up to the → FINISH point at “Ufficio 7-Bar Aurora Lignano Sabbiadoro (see map S/F). The full course race is approximately 23km in length.



### PUNTI SOSTA/RISTORO

Coordinates

S - Start: Office n°7 lungomare Sabbiadoro – Bar Aurora	45° 41' 13N 13° 08' 39E
1 – Refreshment/Relay Point: Porto Casoni, floating pier	45° 41' 47N 13° 08' 31E
2 - Refreshment/Relay Point : canale-litoranea side sx Ca'Margherita	45° 40' 53N 13° 05' 44E
3 - Refreshment/Relay Point: canale-litoranea side sx Rist.Gigi Marchetto	45° 04' 20N 13° 04' 16E
4 - Refreshment/Relay Point: fiume Tagliamento side sx Rist. Willy	45° 39' 37N 13° 04' 39E
5 - Refreshment/Relay Point: fiume Tagliamento side sx Rist. Vecchia Finanza	45° 38' 50N 13° 05' 49E
6 - Refreshment/Relay Point : sandy shore Lignano Pineta p.zza D'Olivo	45° 39' 52N 13° 06' 41E
F – Finish: Office 7 Lungomare Sabbiadoro – Bar Aurora	45° 41' 13N 13° 08' 39E

Red/orange buoys along the way will be placed, in order to make the route easier to be identified.

**RACE CATEGORIES:** on the bases of the equipment employed:

**Race board up to 14'0"**

- Elite Race Overall man
- Elite Race Overall woman
  
- Elite Race Over 40 man \*\*
- Elite Race Over 40 woman \*\*
  
- Elite Race Over 50 man \*\*
  
- team of 2 racers Overall (regardless of age and sex)

**Allround/Cruising (\*) boards**

- Allround/Cruising (\*) boards:      - single participant
- 2 racers team
  - 3 racers team
  - 4 racers team
  - 5 racers team

(\*) The organization committee, at its own discretion, will verify and stabilize whether the board is within Allround/Cruising or Race Category

- MegaSup (team)
- All other human-powered vessels/dinghy employing a paddle/oar, such as canoe, kayak, etc.

The use of different and additional propulsion devices is strictly forbidden.

**\*\* Over 40 means an athlete who at the first of January 2020 has already turned 40**

**\*\* Over 50 means an athlete who at the first of January 2020 has already turned 50**

**SCHEDULE:** Sunday, May 10<sup>th</sup>, 2020

- h 09:00 am      event opening ceremony, registration, welcome breakfast
- h 10:00 am      pre-race briefing with participants will be held
- h 10:30 am      SUP departure from the beach
- h 10:45 am      departure for other vessels
- h 03.45 pm      time limit for arrival
- h 03.45 pm      awards and celebrations will follow

**REGISTRATION FEE**

€ 35,00/person single participant (all type of vessels)

€ 25,00/person for team racers (all type of vessels)

You will have a €5,00 reduction on the registration fee if you make the payment and registration at the latest on the May 4<sup>th</sup>, 2020.

The fee includes the registration, the bag with a t-shirt of the event, the welcome breakfast, refreshments on the points indicated, refreshment and celebrations closing the event with awards, other possible gadget and special awards.

## **LIMITATIONS**

The underage participants will be allowed to join the event only providing a parental or legal guardian's authorization.

## **SAFETY STANDARDS:**

- In case of necessity or difficulty of a participant, the racers which are close to him are obliged to provide him assistance and to immediately point out the fact occurred, through arms movements to the assistance means present there, repeated sounds, phone communication or in any other possible way useful to get an immediate assistance.
- Any participant in trouble in sea has to point out the need of assistance through repeated arms movements, repeated sounds, phone communication or in any other possible way useful to get an immediate assistance.
- The competitor which decides to draw away from the race has to communicate it immediately to the organizers.
- Actions which may put on risk the own or other security are strictly forbidden; the consumption of prohibited substances, and all non-sport actions are strictly forbidden.
- You are obliged to follow the route indicated
- You are not allowed to get away from the coast
- You are obliged to wear the clothes devoted to the event during the event and during the final prizegiving, safety equipment, and appropriate protective shoes.
- You are obliged to use the leash (security line)

Phone numbers for any information about the event: Stefano +39 347 6497198

## **FINAL NORMS**

The organizer, at its incontestable discretion reserves the right to:

- Change and/or complete the above mentioned on giving notice during the briefing or during the race;

- Change the route of the race itself (shortening the way, modifying the way back on the opposite way to the one above indicated, or other similar changes);
- Interrupt and/or cancel the competition at its discretion on giving notice even during the race;
- Disqualify participants employing equipment considered to be not in compliance with the rules contained herein;
- Disqualify or constrain participants considered to be not qualified from competing;
- Disqualify participants which contravene the general rules of this sporting event.
- Change or add any other rule useful for the race, safety, security